Commissioning Plan Older People 2010 - 2013

This commissioning plan is based on the intentions and aims within the following documents:

- Long Term Commissioning Strategy for Older People 2006-10, including a refresh in November 2010
- More for York Blueprint for Adult Social Care agreed December 2009
- Joint Vision for the health and wellbeing of older people agreed July 2010

Objectives:

To ensure best value for money, and best use of resources to support a growing number of older people.

To invest in services that reduce the need for and funding for residential and hospital based care and increase independence To increase the capacity for EMI residential and nursing care and high dependency residential care within the city, and reduce the number of 'standard' care beds provided by the Council

To reinvest some of the savings achieved through these programmes in community based care and support

To increase the housing based choices for older people, and develop our care and support models to enable more people to be
supported at home

To offer more support to carers to enable them to continue their caring role

Summary of actions from Long Term Commissioning Strategy Refresh

- We are committing to:
 - Develop proposals to allow us to increase the reablement capacity and deliver better outcomes for customers. This should help us manage the increasing demand for long term home care services
 - o Embed telecare and carers support in our reablement model
 - Work with the PCT to integrate our remodelled reablement service with the health intermediate care services, improve the links between telecare and telehealth services reducing unnecessary hospital admissions and length of stays, and the numbers moving straight from hospital to long term residential care.
 - o Review our in house care services and produce recommendations to improve cost effectiveness
 - Develop more flexible housing based support services which will allow older people to access the support available to those in sheltered and extra care schemes without having to move
 - Bring forward proposals for the best use of the resources invested in our nine council homes to provide increased capacity for residential and nursing care for those with dementia and high dependency care needs, and increase housing choice for older people in the city

- Secure suitable partners to help us deliver the extra housing and care facilities which are high quality, fit for the future and cost effective
- Invest some of the savings produced through our efficiency programmes to ensure that community based support is expanded to meet the growing numbers who remain independent at home
- o Increase the support available to carers
- Work with the voluntary sector to retain sustainability of their services by ensuring those we commission are delivering outcomes that support our strategic aims

Action Plan

Service area	Year	Objective	Actions	Funding	Who	Progress
Prevention and early intervention services	2010 -11	Sustainability of services that help support health wellbeing and independence.	Review services funded by Social Care Reform Grant and plan for sustainability or exit strategy	Funding in place for 2010/11. Potential investment needed £50 – 70k for 2011 –12 onwards - to be considered in 2011/12 budget plan	Commissioning and Contracts team	Continuing SCRG funding approved in 2011/12 budget
		Expand voluntary and community services to support more people	Continue to support CVS with development of collaborative working	£5k Social Care Reform Grant		
	2011-12	Sustainability of services that help support health wellbeing and independence.	Work in partnership with health commissioners	Health funding to be reviewed by PCT.	Adult Commissioning Group CYC	£1.997m investment plan agreed with PCT
		Commissioned	Deliver plans for sustainability of services previously funded by Social Care Reform Grant	As agreed in 2011- 12 budget plan	Commissioning and Contracts (C&C)Team	SCRG funding approved in 2011/12 budget
		services deliver value for money and are strategically relevant	Review contracts due to expire March 2012 re strategic relevance, value for money and delivery of	Current contracts approx value £500k	CYC C&CTeam	In progress

			outcomes Recommission or remodel services Learn from Joseph Rowntree project on loneliness	Within existing resources	Corporate Strategy Manager And Neighbourhood Unit	In progress
	2012-13	Sustainability of services that help support health wellbeing and independence. Commissioned services deliver value for money and are strategically relevant	Monitor new contracts	Within agreed resources	C&C Team	
Housing related support	2010-11	Develop more flexible housing based support services	Remodel schemes with no communal facilities to 'floating support' Decommission or reduce funding to schemes judged poor value for money Develop plans to introduce 'tiered' service options for Warden Call	£18.5k saving to SP Programme from 2011–12, rising to £28.5k saving 2014-15 Total SP funding for elderly support services £1. 28m pa	Supporting People Team	Review under way – consultation commencing June 11

		community alarm service Develop plans to remodel Home Support floating support service and consider tendering new specification Pilot 'hub and spoke' support to sheltered schemes			
2011-12	Develop more flexible housing based support services	Consolidate community alarm schemes Consolidate floating support services Ensure all sheltered schemes provide support hours per person per week in line with regional average	To be confirmed. Some savings will be used to increase floating support services	Supporting People Team	In progress
	Improve information on housing choices	Review hub and spoke model and consult on wider use if successful Develop role of Housing Options	Within existing resources	Housing Services	

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			Team			
	2012-13	Develop more flexible housing based support services	Potential roll out of hub and spoke support model	To be confirmed	Supporting People Team	
		Increase housing choice for self funders	Identify opportunities for new developments	Independent sector investment and home owners	Commissioning and Contracts and Housing	
Domiciliary and community care and support	2010 -11	Ensure that community based support is expanded to meet the growing	Monitoring new home care contracts to ensure quality and delivery	Within agreed budgets Current external home care budgets	C&C Team	Ongoing
		numbers who remain independent at home	Continue to increase use of telecare as part of	£3m Within agreed budgets	Telecare service and care management	Ongoing
			care packages Review day care provision within council care homes	Within agreed residential care budgets	C&C Team	In progress – report due July 11
			Model additional capacity and new services needed to support those who currently use	To include in investment plans for Accommodation Review paper next year	More For York C&C team	In progress – report due July 11
		Increase the support available	'standard' residential care Review Flexible Carers scheme to	Current budget £140.4k pa	Carers Strategy Manager and Putting People First Team	In progress

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	to carers	be more outcome based.			
2011-12	Ensure that community based support is expanded to meet the growing numbers who remain independent at	Develop proposals to deliver in house home care more cost effectively for June 2011. Implementation of agreed proposals	Savings and reinvestment options to be included in proposals. Current budget £1.6m	More for York C&C Team	In progress
	Increase the support available to carers	Increase capacity and range of services as planned last year Review respite and short breaks services	Based on agreed investment from home care and residential care savings Within agreed budgets £166k contributed to care packages/respite budget	C&C Team Carers Strategy Manager and C&C team	In progress
2012 -13	Ensure that community based support is expanded to meet the growing numbers who remain independent at home.	Continuation of implementation of agreed investment plans	£82k short breaks		

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		support available to carers				
Intermediate Care	2010-11	Increase the reablement capacity deliver better outcomes for customers and manage the increasing demand for long	December - Reablement team proposal to Members January – June implementation plan	Funding within current budget levels £1.4m	More for York and Anne Bygrave	Completed
		term home care services Integrate reablement	December - Joint intermediate care/reablement model to Adult Joint Commissioning			Levels of Care Work continues
		service with the health intermediate care services, and reduce unnecessary hospital admissions and length of stays	Group December – January - Draft joint investment proposal to PCT	Bid for PCT funding from Department of Health	Adult Commissioning Group	As above
	2011-13	Integrate reablement service with the health intermediate care services	Implementation and delivery of new reablement and intermediate tier model	Savings to be released from acute sector care to contribute to efficiencies and for reinvestment	Anne Bygrave and Commissioning and contracts team	Levels of Care work with Health Reablement tender in progress

Residential care	2010-11	Increase capacity for dementia and high dependency care Reduce the	Review bed use in 9 homes to increase to dementia placements and high dependency	Within current budgets: £7m and delivering More for York savings	Graham Terry	Achieved
		number of 'standard' care placements and replace with appropriate community support	placements Complete analysis	Within existing	Graham Terry More for York	Report due
		Ensure residential	of options for longer term use of	resources	More for Tork	July 11
		care is provided in quality environments, with good quality care, dignity and respect	CYC resources			
	2011-12	Increase capacity for dementia and high dependency care	Deliver proposal for residential care for Members approval June 2011	Savings and investment plan within proposals	Graham Terry	In progress – report due July 11
		Reduce the number of 'standard' care placements and replace with	Identification of any partners to deliver proposals		C&C Team	
		appropriate community support Ensure residential	Stage 1 of Implementation of agreed proposals		To be agreed	

	care is provided in quality environments, with good quality care, dignity and respect				
2012 - 13	Increase capacity for dementia and high dependency care Reduce the number of 'standard' care placements and replace with appropriate community support Ensure residential care is provided in quality environments, with good quality	Continuation of implementation of agreed proposals	To be agreed	To be agreed	
	care, dignity and respect				